MISSION FITNESS

[CLASS SCHEDULE]

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00a		Powerhouse30	Core Reform30		Barre30		
8:15a		Ride+		Core Reform			
8:45a	Row+Reform		Core Row		Ride+Reform	Rotating	
9:15a		Semi-Private*		Semi-Private*			
9:45a	Barre+ ▷		Pilates+ ▷		Powerhouse30 ▷		
11:30a	Pilates+	Powerhouse ▷	Core Reform	Pilates+ ▷	Barre30		
4:00p							Rotating
4:30p	Semi-Private*	Core Reform	Semi-Private*				
5:00p				Ride30			Semi-Private*
5:45p	Powerhouse ▷	Barre+	Iron+Oar	Revolve+Reform			
5a-7p	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym

*Seperate rate + registration

Kid's Playroom | Live Stream ▷

HEALTH MEMBERSHIP $50

[open gym only]

HEALTH + HEART MEMBERSHIP $150

[open gym | unlimited classes | kid's playroom | on-demand library | community infusion]



DROP-IN $30 | 7-DAY PASS $50

SEMI-PRIVATE $150 members | $250 guests

[six weeks | six sessions | sixty minutes each]

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